

A QUESTION OF BALANCE

A CASE STUDY

**TORHOUSE STONE CIRCLE,
DUMFRIES AND GALLOWAY**

JUNE 2015



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INTRODUCTION

This is a case study that accompanies the document “Earth Energies Simplified – It’s a Question of Balance”. The terminology I use here is explained in that document.

The case study involved five visits to a small, but well-preserved, stone circle over a period of four days between 8th and 11th June 2015.

The objective was to investigate my theory that one of the purposes of stone circles was to limit the effect of detrimental energy coming from badly out of balance earth energy vortexes.

The other theory I wanted to investigate was that earth energy “dragon” currents send out offshoots terminating in spirals that enclose out of balance earth energy vortexes in an attempt to stabilise them.

I also wanted to demonstrate how re-balancing (healing) out of balance earth energy vortexes can positively change the local earth energies.

Finally I wanted to see how a group of well-balanced earth energy vortexes would behave at Solar Noon, one of the times of day when the earth’s self-cleansing and healing system seems to be activated by the sun being at a pivotal position.

TORHOUSE STONE CIRCLE, WIGTOWN, DUMFRIES AND GALLOWAY

GPS: 54°52'38.90"N 4°31'21.50"W

OS MAP REF: NX382564

29m above sea level

Consists of 19 outer stones and 3 inner stones, all granite, forming a rough circle approx. 60 feet (20 metres) in diameter.

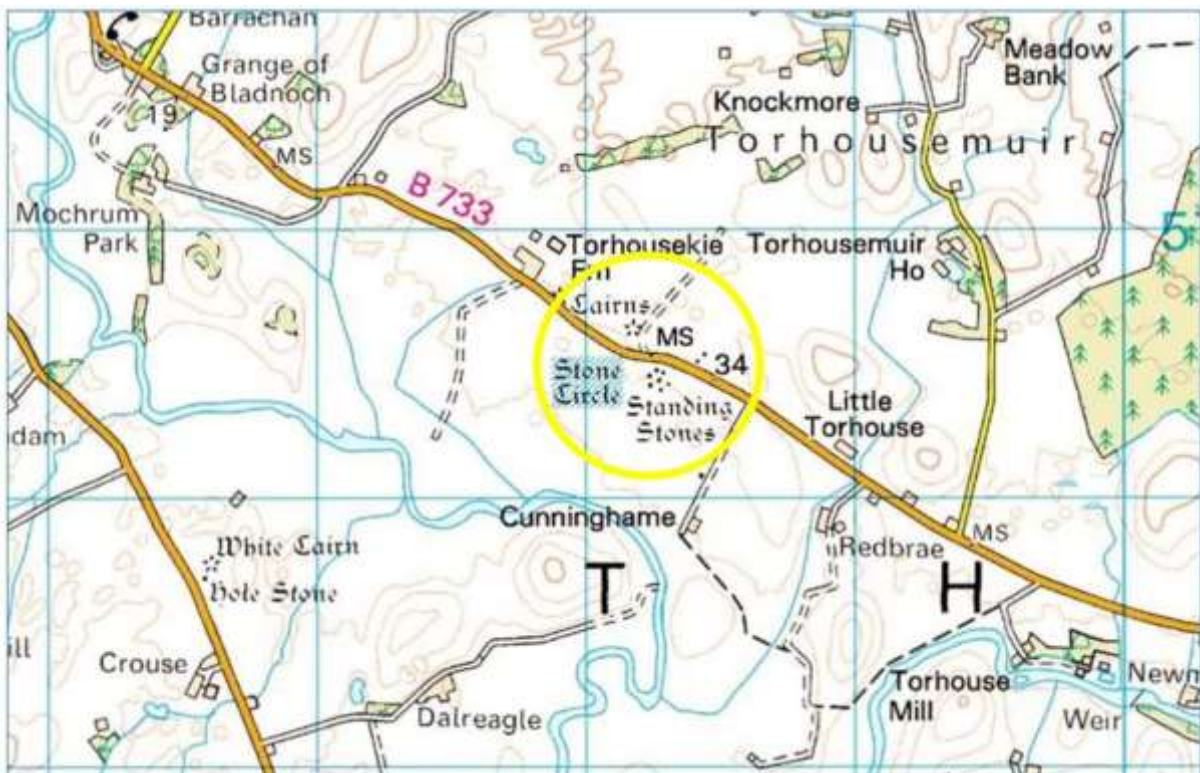


Photo Credit : Adrian Warren www.lastrefuge.co.uk

LOCATION



Map Image Credits: ISYS Outdoors mapping software www.isysoutdoors.com



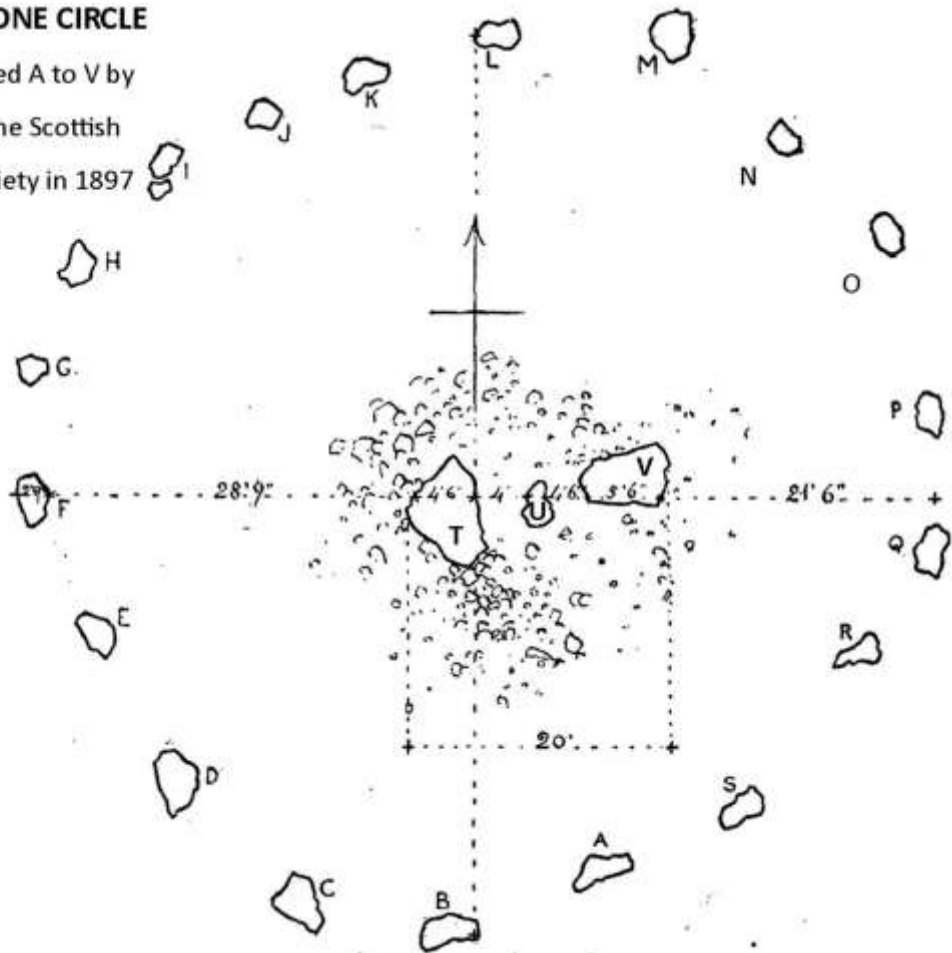
PLAN

TORHOUSE STONE CIRCLE

22 stones labelled A to V by

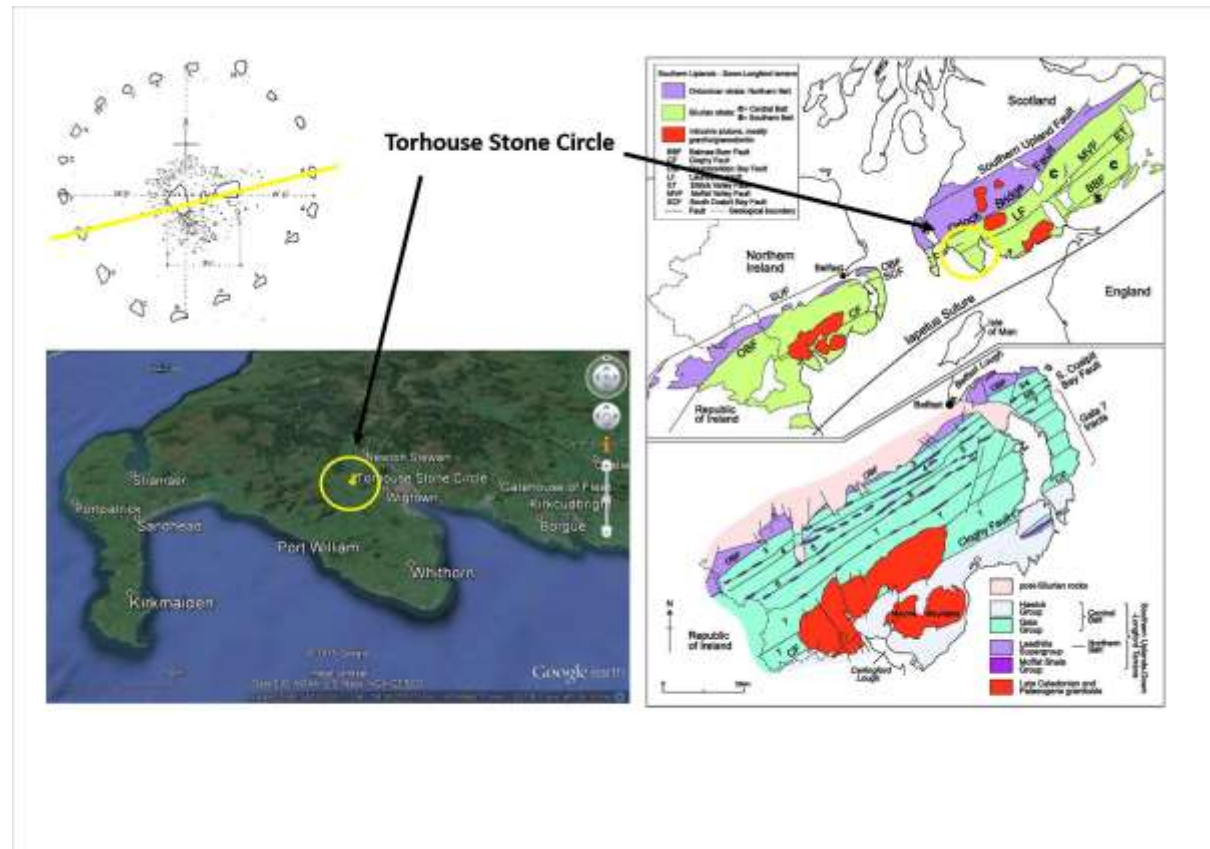
Fred Coles of the Scottish

Antiquarian Society in 1897



GEOLOGY

Torhouse Stone Circle is situated in the Valley of the River Bladnoch, approx. 4 miles west of Wigtown in the Scottish Southern Uplands. It is approx. 7 miles south of the Orlock Bridge fault which runs WSW to ENE from Northern Ireland to the Southern Uplands. The three central stones of the Torhouse group and two in the circle all line up in roughly the same direction as the faulting.

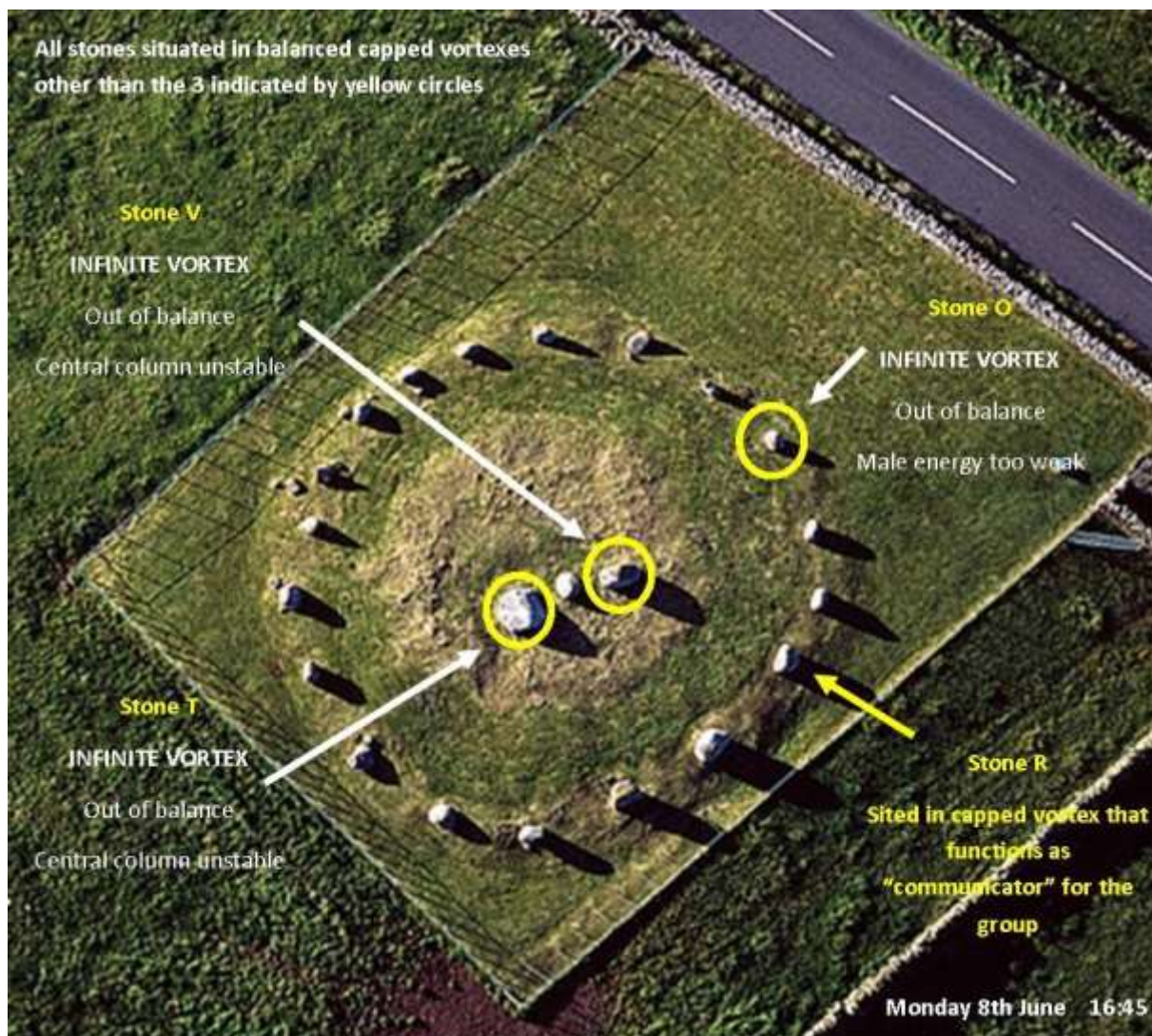


EARTH ENERGIES CASE STUDY

INITIAL STATE OF EARTH ENERGIES

On my first two visits to the site I ascertained that each of the stones in the circle was sited in a balanced capped vortex, apart from stone O, which was sited in an infinite vortex that was out of balance because its male energies were too weak.

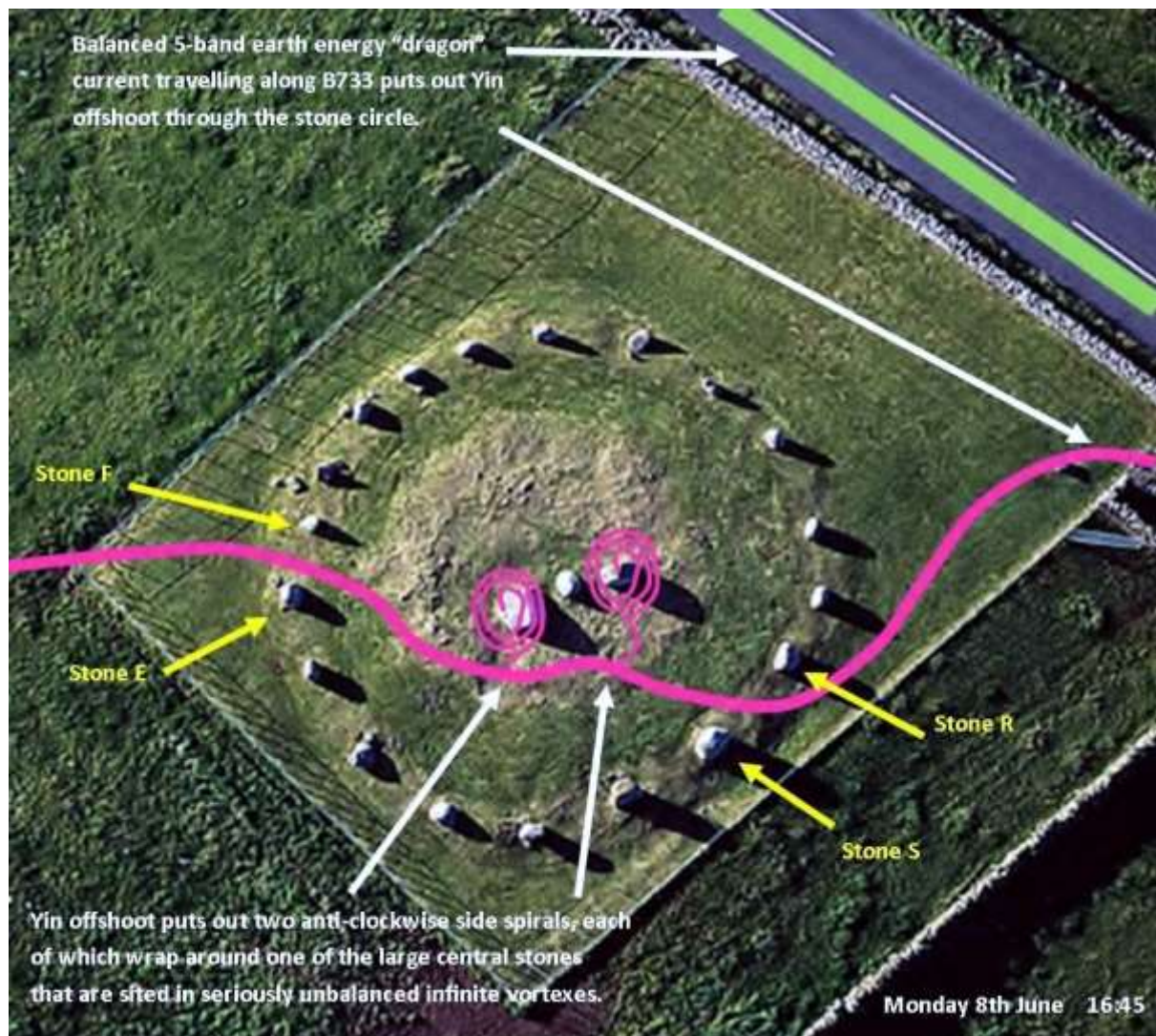
I also ascertained that stone R was sited in the capped vortex that functions as the communicator of the group.



I further ascertained that there was a 5-band balanced (neither male nor female, dowses as green and resonates with my heart chakra) earth energy "dragon" current flowing along the B733 road next to the site. This seemed to be a relatively small "local" current that was itself an offshoot of a 5-band earth energy current flowing through Wigtown and Whithorn, which seemed to be associated with the legend of St. Ninian.

This 5-band earth energy current put out a Yin offshoot from one of its bands into the stone circle. The offshoot entered the enclosure by the visitors' gate and then passed through the information board which stands on a stone plinth (itself sited in a balanced capped vortex). This earth energy current passed between stones R and S, flowed to the south of the three central stones and exited the circle between stones E and F, seemingly heading towards the River Bladnoch in the distance.

Whilst in the circle the earth energy current put out two side spirals. Each went anti-clockwise and each encircled one of the two large central boulders that were sited in infinite vortexes that were both badly out of balance because their central columns were unstable and wobbling around. These energy spirals seemed to have the effect of stabilising these wobbling columns to a large extent.



The circle of stones seemed to have the effect of creating a barrier stopping the detrimental energy being produced by the out of balance vortexes from extending beyond the circle.

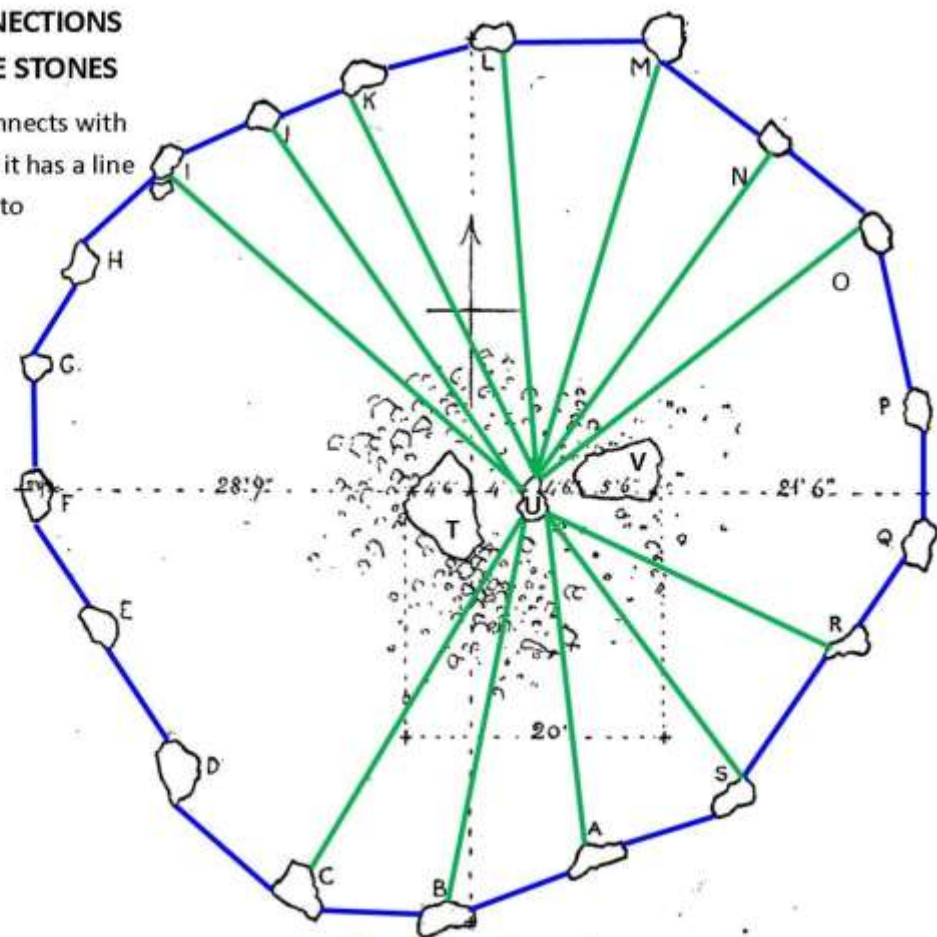
Each of the stones in the circle permanently sent out a straight line of energy to its neighbour (shown on the plan below in blue). This appeared to be a connection between the stones themselves rather than the earth energy vortexes they were sited in. The lines came from the point of each stone closest to its neighbour suggesting that the height and shape of the stones is important.

The small stone in the centre also sent out straight radials of energy, but only to those stones on the perimeter with which it had a line of sight (shown in green). It seemed that this stone was trying to anchor the outer circle in place.

This is consistent with experiments I have done at home by placing cobbles in a rough circle, dowsing the energy connections between them and then dowsing the energy connections when one or more cobbles are placed in the centre.

ENERGY CONNECTIONS BETWEEN THE STONES

Central stone connects with
outer stones that it has a line
of sight to



THE EFFECT OF RE-BALANCING STONE T'S VORTEX

It is possible to bring some earth energy vortexes back into balance. Once in balance they will automatically release any energy that has been trapped in them and also any thought-forms etc. that have been attached to them, effectively closing the gateway that the detrimental energy has been escaping through.

Earth energy vortexes can be re-balanced either remotely or on site.

At 7am on Wednesday 11th June I remotely re-balanced stone T's vortex using crystals via Google Earth.

I was unable to do so before this time as I find it is not safe to work with out of balance earth energies when the moon is at over 50% illumination since the energies are too strong and can have a very de-stabilising effect on my own energy system.

I use the LUNAR PHASE smartphone/tablet app to determine the exact phases of the moon and times of solar and lunar events at my current GPS co-ordinates.

As long as the Moon has entered its Last Quarter (which took place at 16:42 on Tuesday 9th June 2015) and become a waning crescent moon it is normally safe to work. Once New Moon has passed and the waxing crescent moon reaches its First Quarter (12:03 on 24th June 2015) it becomes more than 50% illuminated and it is no longer safe to work. A good rule of thumb is to only work within a window of 5 days either side of the New Moon.

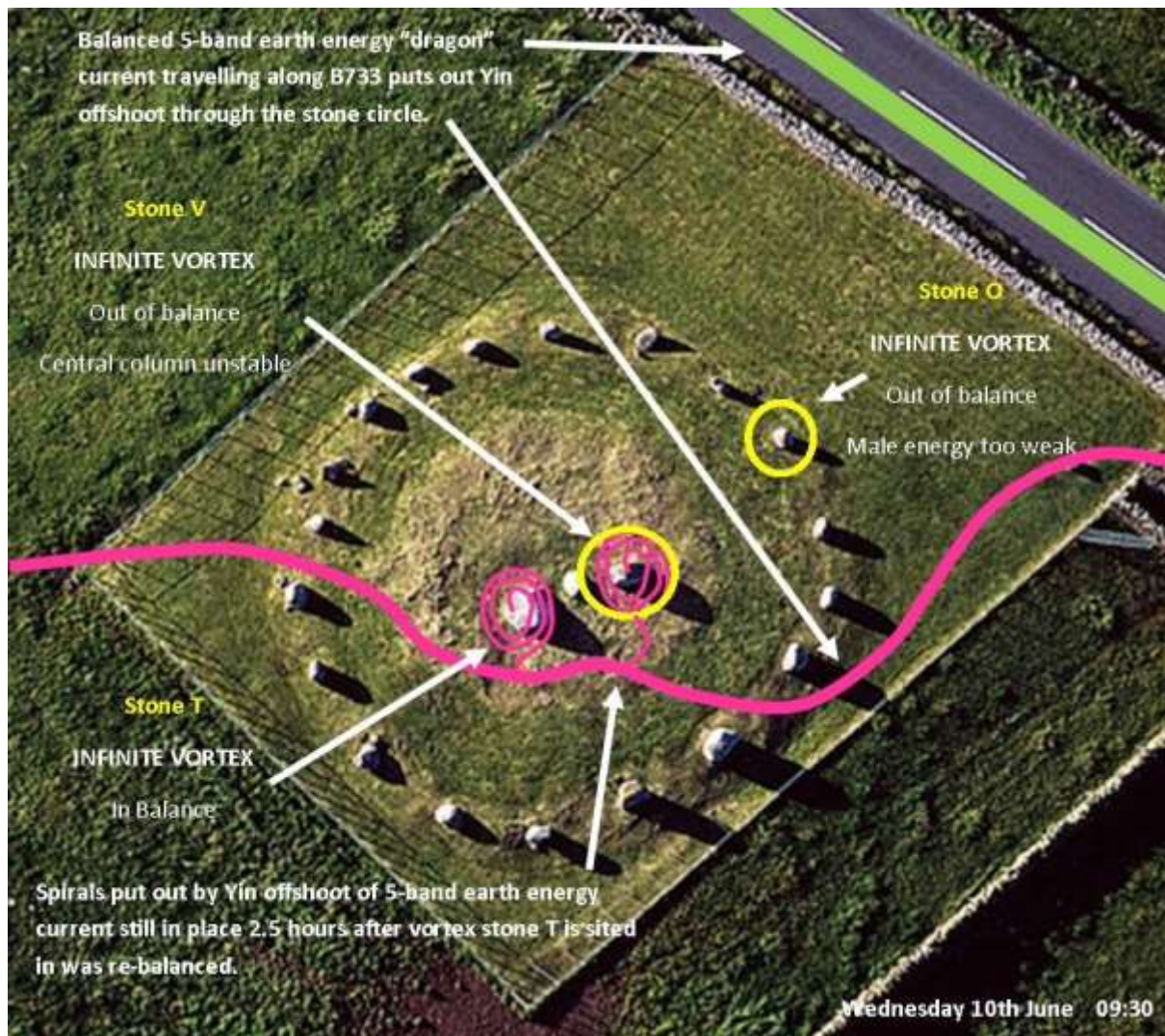
It is also necessary to re-balance groups of earth energy vortexes gradually. Just like humans, earth energy vortexes can experience a healing crisis, which can temporarily affect the neighbouring areas and lifeforms in these areas. Consequently a little by little approach should be adopted.

Personally I use crystals to balance earth energy vortexes, but I am sure Reiki, prayer and other forms of healing, in accordance with the belief system of the healer, will work just as well. If the earth energy vortex is not meant to be re-balanced it will simply reject any healing sent to it in the same way as a human will.

I always protect myself by carrying a Smokey Quartz crystal programmed to absorb any detrimental energy and stop me from being drained. This crystal needs to be cleansed daily, as do any others I have been working with, even if it says in "the book" that they are self-cleansing. If I do feel drained or unbalanced after working with unbalanced earth energy vortexes I find Tai Chi is a good way to restore the balance. Other people may find chakra balancing visualisations help.

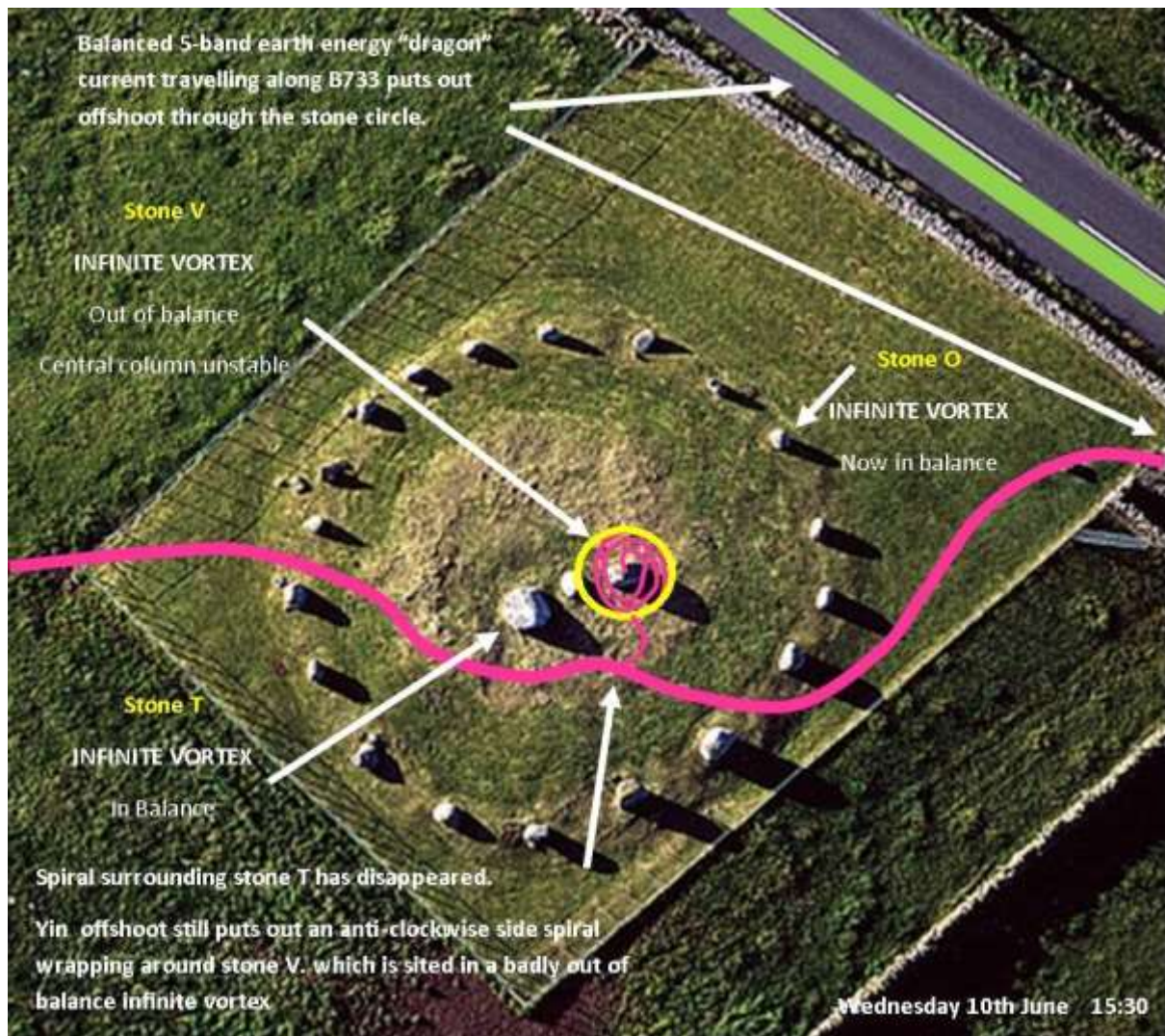
I returned to the stone circle at 9:30am on the morning I had remotely re-balanced the infinite vortex that Stone T was sited in.

Dowsing confirmed that Stone T's vortex was now in balance and the earth energy spiral around it was still present.



I returned again at 15:30 that day to find the earth energy spiral around stone T had now disappeared. It seems that the spirals stay in place for a while continuing to stabilise the vortex until its healing crisis is over.

It appears that my theory about the purpose of energy spirals being given out by earth energy currents to stabilise earth energy vortices whose axis is unstable, may be correct. When the central column of the earth energy vortex stone T was sited in was functioning correctly once more, the spiral was no longer present, presumably because it was no longer required.



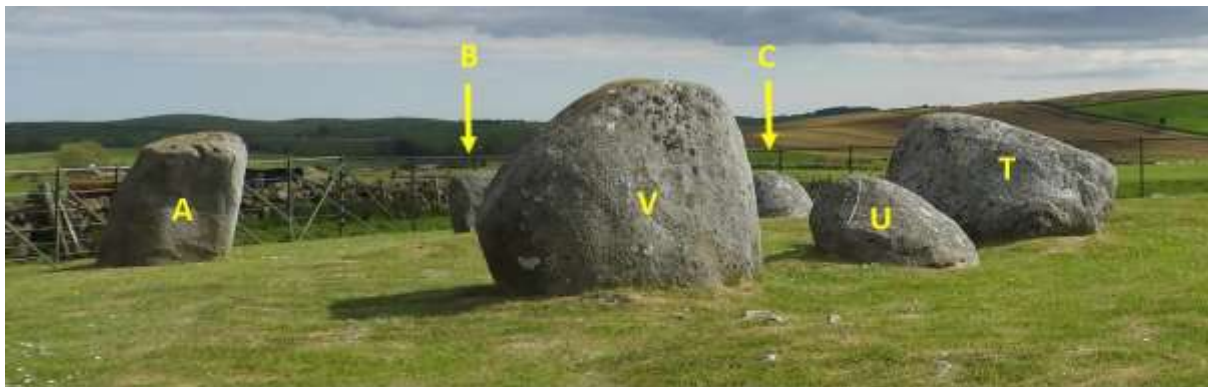
THE EFFECT OF RE-BALANCING STONE O'S VORTEX

At 9:30am Wednesday 10th June I re-balanced the infinite vortex that Stone O was sited in on site.

It seems that stone O's vortex was not badly enough out of balance to merit it needing an earth energy spiral to assist it. The central column was stable and the female energy was of the correct strength. The only problem was that the male energy was weak.

It is best to leave a site straight after re-balancing an earth energy vortex to allow the energies to settle down.

I returned again at 15:30 that day and dowsing confirmed that Stone O's vortex was now in balance (see diagram on previous page).



THE EFFECT OF RE-BALANCING STONE V'S VORTEX

At 15:30 Wednesday 10th June I re-balanced the infinite vortex that Stone V was sited in on site.

Stone V's vortex was very badly out of balance as its central column, around which the male and female energies are coiled when not extended, was wobbling around on its axis. The effect of this was stabilised to a great extent by the presence of both the stone and the earth energy spiral wrapped around it, which seemed to be anchored in to place by the stone.

If this vortex had been in open countryside with no spiral to stabilise it and no energetic barrier to contain the energy flow, the unstable column would weave around all over the place. This would cause the axis point of the vortex to seem to periodically change position and the male and female energies to have no proper anchor point. The detrimental energy would flow out all over the place like a partially blocked revolving fountain extending across a wide area and destabilising the energies of anyone it came into contact with as well as potentially causing paranormal phenomena and road traffic accidents.

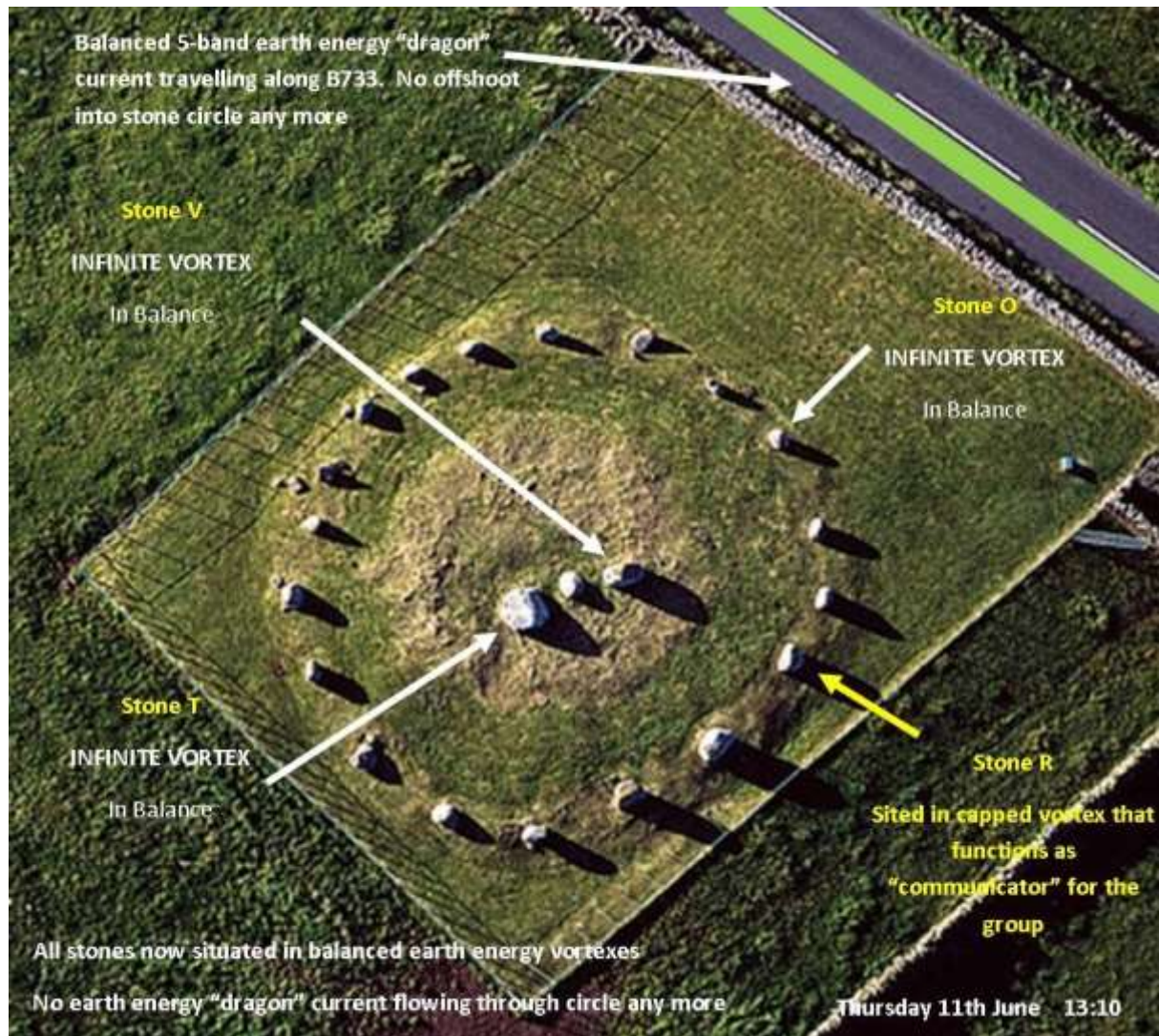
In the case of Torhouse, there were two infinite vortexes with serious column wobbles within less than 20 feet of each other. This would compound the problem described above several fold were it not for the combined action of ancient man's placing of the boulders and the earth's energy system working together to stabilise these vortexes. The column wobbles were most likely caused a long time ago by seismic action along the nearby fault line.

In the case of a column wobble it is essential to leave the site immediately after re-balancing and not be tempted to hang around to check out the energetic changes. This can be done on a return visit a few hours later. The only time I have ever attempted to hang around after re-balancing a column wobble I very quickly found a large black bull had appeared from nowhere and was looking menacingly at me. Lesson learned!

I was interested to read in some Victorian notes about Torhouse Stone Circle (see Appendix) that "many cartloads of stones were emptied around the three great central blocks". This could have been done either consciously or unconsciously in an attempt to ground any detrimental energy leaking from the unbalanced earth energy vortexes which local farmers may well have found very disturbing.

I once successfully grounded a troublesome unbalanced earth energy vortex in my garden by tipping a wheelbarrow full of cobbles on top of it until such time as I was given permission to re-balance it. Certain crystals can also be used to ground earth energy vortexes and I occasionally do this whilst I am re-balancing one. I don't really like grounding unbalanced earth energy vortexes though as I am always mindful that, whereas the action may serve to temporarily improve the local energies, the detrimental energy that is not being allowed to surface may end up causing problems elsewhere.

I returned again at 13:10 the following day (Thursday 11th June) and dowsing confirmed that the vortexes of stones O, T, and V were now in balance, the earth energy spirals had retracted and the earth energy current no longer flowed through the stone circle or its enclosure, but the 5-band earth energy current still flowed along the road.



A FULLY BALANCED STONE CIRCLE AT SOLAR NOON

On Thursday 11th June I arrived at Torhouse stone circle at 13:10pm for my final visit.

Solar noon on that day at that latitude was 13:17pm.

The area felt quiet and a bit flat, presumably because there was no longer any powerful female energy flowing through the circle. However, it also felt balanced, comfortable and peaceful. I found it resonated with my heart chakra as opposed to either my upper (female) or lower (male) chakras.

Having worked with the earth energy vortexes for a number of years, I am quite tuned into their behaviour. I am not psychic and don't use dowsing rods. I dowsse using a combination of my hands, feelings and intuition. I also seem to be able to "detect" some energy in a similar way to Billy Gawn, although I am nowhere near as accomplished or experienced as he is.



Recent observations I have made have shown that a few minutes before sunrise, solar noon and sunset on most days the chakras, or energy bands, of balanced earth energy vortexes start to spin fast and appear to release any detrimental energy they have been storing. Immediately after this one or more bands within the earth energy "dragon" currents expand and contract and appear to absorb the detrimental energy released by the capped vortexes and take it into the nearest infinite vortex (even if it isn't a node) where the current disappears underground for just over a minute, presumably taking the detrimental energy down to the pure virgin underground water to be cleansed. This seems to be the earth's own self-cleansing and healing system in action.

This effect also seems to take place as the exact time of the Full Moon (17:20 on 2nd June) and also the exact time of the Moon's Last Quarter (16:42 on 9th June). No doubt there are other occasions that I haven't yet managed to observe.

I have noticed that sometimes when the chakras of the capped vortexes start to spin the vortexes themselves expand, the toroid over the communicator rises up very high and the whole group appears to be communicating.

I wondered what would happen at Torhouse stone circle approaching Solar Noon now all the vortexes were in balance.

I sat on stone O, which is the only infinite vortex in the outer circle, and waited to see what would happen as Solar Noon approached.

I made the following observations:

- 13:14 Started to feel a “buzz” in the atmosphere – vortexes becoming active
 Capped vortexes start to expand at the centre and link with one another
- 13:15 Upper chakras (energy bands) of capped vortexes start to spin fast anti-clockwise
- 13:16 Lower chakras (energy bands) of capped vortexes start to spin fast clockwise
 Toroid above stone R (communicator) starts spinning and rises to 3 x height of stone
 Appear to be radials coming out of the toroid extending in all directions
- 13:17 SOLAR NOON, sun due south at its transit point for the day
- 13:19 Toroid starts to fall back down to just above stone R, vortex chakras slowing down
- 13:20 Energy in area feels flat now – show’s over!

There is an awful lot to take in during a short period of time, so it is not possible to observe everything on every occasion.

What I did observe on this occasion seemed to be a group of earth energy vortexes all active and communicating with each other and also potentially communicating with other groups of earth energy vortexes. What was being communicated I had no idea. I hoped it was beneficial energy.

I could well imagine a psychic person observing this performance and equating it to a circle of people all holding hands and dancing.

CONCLUSION

Although there are other stones nearby (see Appendix) I did not feel inclined to examine them and felt they were separate from this group, probably marking other unbalanced earth energy vortexes which wanted to be left alone for now.

I don't dowse for water or detrimental energy rising from it, so can't say what effect the circle now being in balance is having on the surrounding area.

It appears that Torhouse stone circle is an example of ancient man's attempts at limiting the effects of detrimental energy, working in tandem with the earth's own self-healing system.

It seems that one of the purposes of this stone circle was to form an energetic barrier to limit the extent of the detrimental energy being generated by the unbalanced infinite vortexes in its centre.

It also seems that the nearby earth energy current was stabilising the central unbalanced infinite vortexes by putting out energy spirals to encircle them. The presence of these spirals, together with the size and shape of the stones sited in them, were stopping the axes of these infinite vortexes from weaving around out of control.

When the infinite vortexes were re-balanced the earth energy spirals were no longer needed so retreated once the energies disturbed by the re-balancing process had settled.

When the vortexes activated and started to communicate a little before Solar Noon they widened out so that the heart chakra of each vortex touched the heart chakra of its two neighbours, thus forming a ring of spinning vortexes that seemed to be communicating with other groups.

It was interesting to note that the three central stones, together with two in the outer circle, lined up at roughly the same angle as the nearby geological faulting, which had probably caused the imbalances in the first place.

Could it be possible that this stone circle has also been "designed" in the knowledge, or hope, that one day this group of earth energy vortexes would be brought back into balance and able to perform a specific function, whatever that may turn out to be.

As always, the research throws up more questions than answers. The observations and conclusions drawn from this case study are bound to contain some errors, but hopefully at the very least they will provide some suggestions and ideas for further research at other sites by other interested parties.

APPENDIX – NOTES ON TORHOUSE STONE CIRCLE FROM 1897

III.

NOTES ON A STONE CIRCLE IN WIGTOWNSHIRE. BY FRED. R. COLES, CORR. MEM. SOC. ANTIQ. SCOT. (WITH PLANS AND VIEW.)

The Standing Stones of Torhouse, of which there is no description in the *Proceedings*, are situated on either side of the road between Wigtown and Kirkcowan, about $3\frac{1}{2}$ miles N.W. of the county town. The name on Pont's map is Torhouse Macky, and to this day it is locally pronounced Torrus-kie. These remains have been noticed and partially described by old Andrew Symson, minister of Kirkinner; and Muir, who penned the greater part of his *Lighthouse* at the Mull of Galloway in 1864, also gives a plan of the principal group of stones, which, however, tends to mislead, by being too diagrammatic and regular.

Like many other stone circles in the adjoining Stewartry, this at Torhouse Moor seems at first sight to be the environment of a cairn, but with the added feature of three great stones in line near its centre. The fact, however, is, that the accumulation of stones within the area is the result of the clearance of the field. Many cartloads, I am informed by Rev. George Wilson, who knew the site years ago, of stones were emptied round the three great central blocks, till, on his applying to the factor, the abuse was stopped. Three examples of stone circles having a central monolith are recorded in my paper in the *Proceedings*, vol. xxix. p. 316; but this Wigtownshire circle is the only one known to me having more than a monolith of such bulk within the area, with the exception, of course, of such chambered cairns as possess tall, upright, pillar-like stones, distinctively forming the sides or ends of the enclosing burial structure.

There are at Torhousekie, besides the circle, several smaller groups of great stones, the positions and arrangement of which will be made clear by a reference to the accompanying general plan (fig. 1). Approaching these fields from the south or Wigtown side, one is first arrested by the group of three stones on a slight, very gently ascending height on the east. The Ordnance map (6 inch scale) shows four stones here, that on the south forming a rectangle with the tallest of the three

now extant. But Muir mentions only three. Nearly opposite, and built into the dike, is a large stone (granite?), bearing on its upright surface a deeply cut oval-shaped basin 15 inches by $8\frac{1}{2}$ inches (see D, fig. 1). This also was observed by Muir. Leaving on the right the ruined sites of three cairns, we reach the principal group of the Standing Stones. The enlarged plan (fig. 2) shows the arrangement of these two-and-

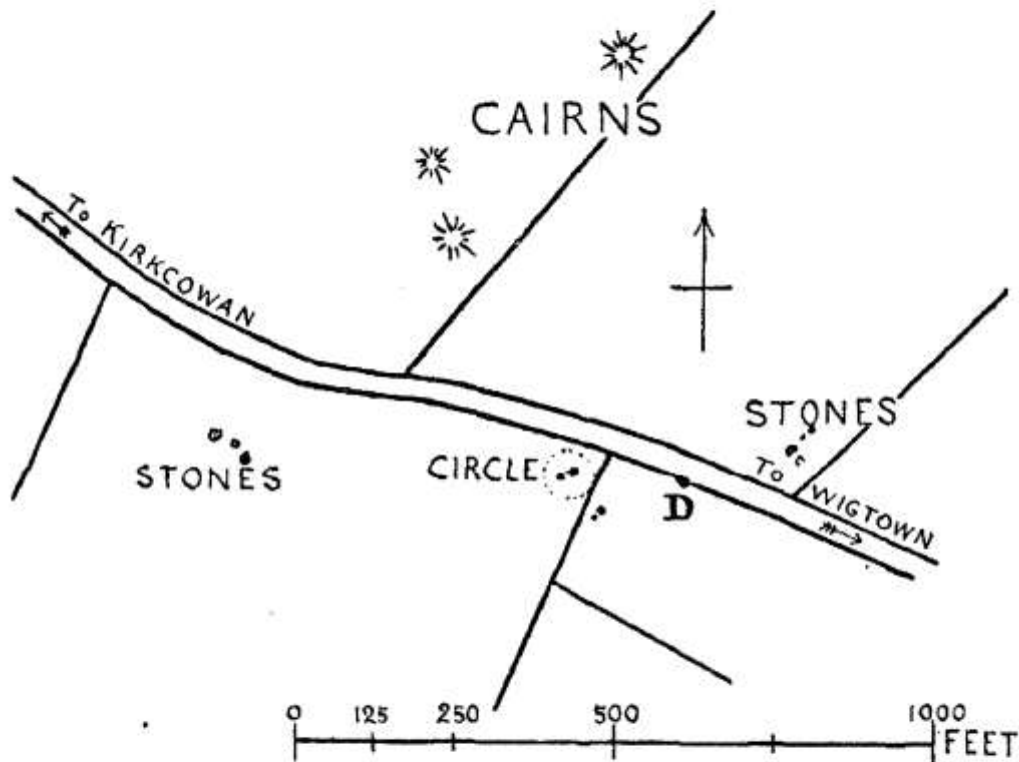


Fig. 1. General Plan.

twenty stones, as faithfully as single-handed measurement by triangulation can render it. The stones are all rude, somewhat rounded, quite unhewn blocks of granite; not one is whinstone (as is erroneously stated in *The Lighthouse*); neither is the circumference a true circle, nor are the interspaces regular. Several of the stones stand close upon 5 feet above ground; A and S are especially conspicuous; B, not now nearly so perpendicular as its fellows, measures over that along its sloping upper side. The three central stones present some difficulties. As may be seen from the ground plan (fig. 2), they have not been placed

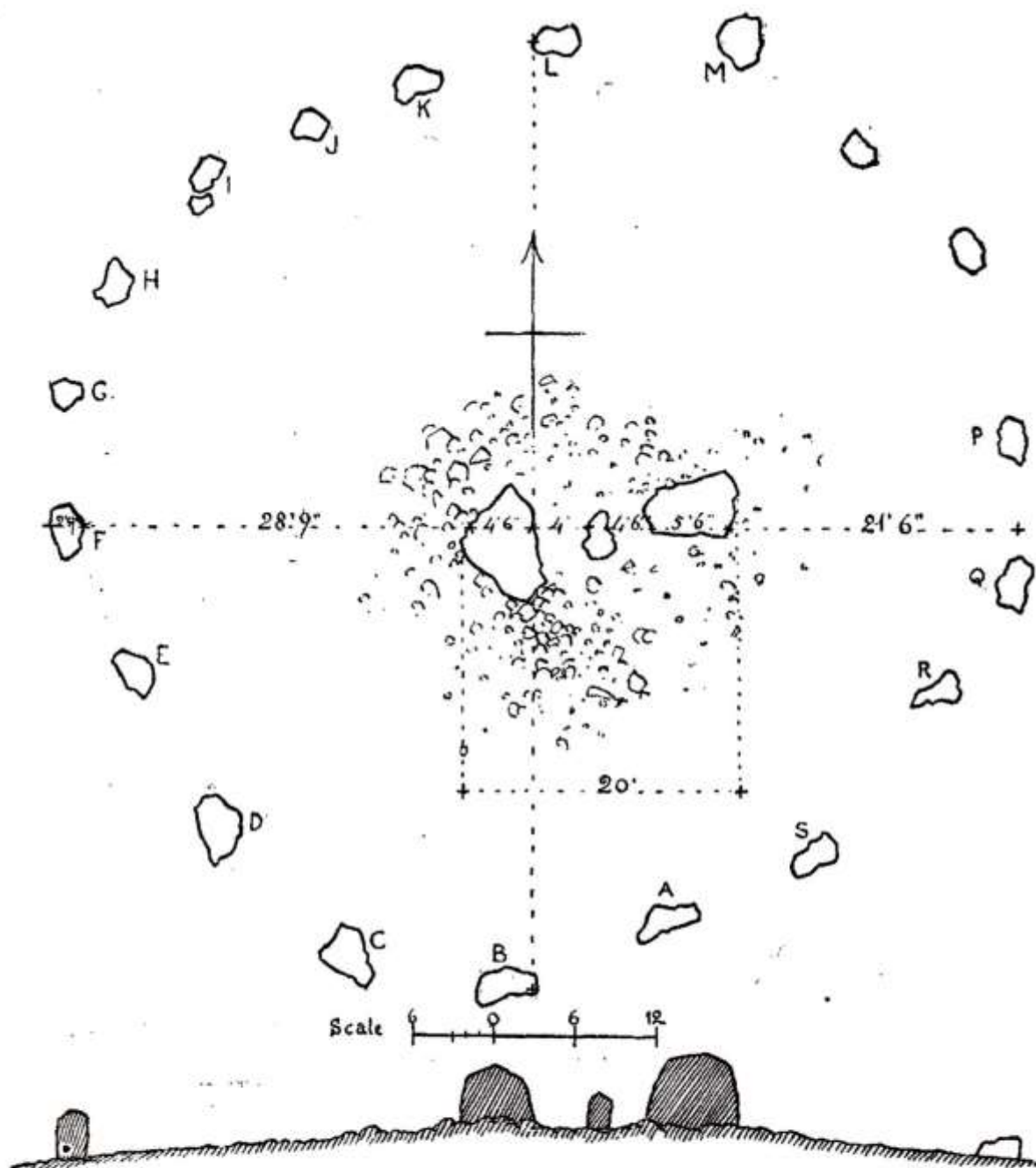


Fig. 2. Plan and Section of Circle at Torhousekie.

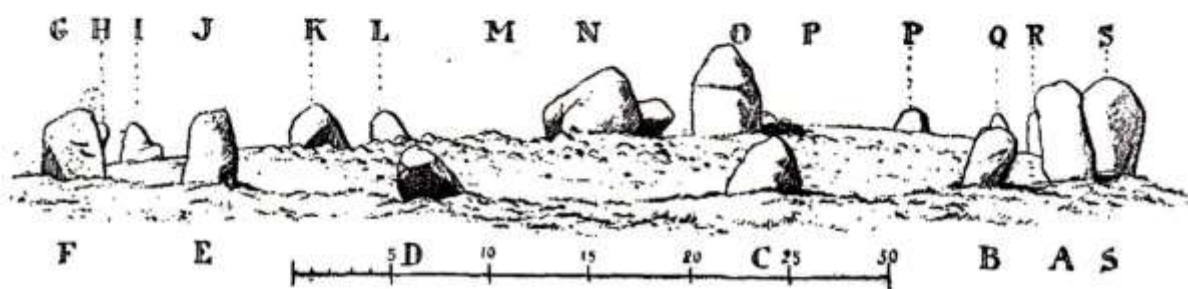


Fig. 3. View of Circle at Torhousekie.

so that their longest sides could have formed the sides of a grave ; and the presence of the smaller middle stone further tends to dispel the notion that these stones directly surrounded an interment. This middle stone, however, has been moved ; for at present it slopes northwards into the earth to such a distance as to preclude the possibility of measuring it. But, even on the supposition that its length once nearly filled up the space between the two greater stones—nearly 8 feet wide—and its inner edge lay in line with that of the easterly stone, the interment could not be said to be enclosed by these three stones alone. If there has been an overground interment here, built on the same principle as are several in the Stewartry, several large stones must have been removed from the south side and the east end. The extreme unlikelihood of an overground interment is attested by, at any rate, the following pieces of negative evidence: tradition tells of none ; history records no attempt at discovering the popular “pot of gold” ; and, on the ground itself, there is not the least vestige of any thin whinstone slabs, such as are commonly used in Galloway kist-vaens.¹ I am inclined, on these grounds, therefore, to rank this circle of Torhousekie with those at Glenquicken, Park of Tongland, and Hills, in the Stewartry, in the belief that the interment will be found in the area of the circle, nearer the circumference than the centre. About 170 feet to the S.E. of the central stone, over the dike (see fig. 1), two other stones remain, 21 feet apart: one is a huge boulder 4 feet 6 inches high, the other prostrate ; and 500 feet due W. of the central stone is the first of three great stones, all prostrate, lying very much as if they formed the sole relics of a small circle, some 30 feet in diameter.

Popular tradition associates this circle of the Standing Stones of Torhouskie with the grave of the reputed King Galdus ; and it is usually supposed that Symson is the authority for the belief. As a matter of fact, however, Symson merely quotes the then current tradition in his *Large Description of Galloway*, which was written in 1684, and revised 1692. In the Appendix No. V., printed from the *Sibbald MSS.*, when describing Wigtown, the authors use these words: “Near

¹ See my “Record of Kist-vaens found in The Stewartry,” in *The Reliquary* for January 1897.

to it is the Monument of the King Galdus (from whom some think the Shyre was named). There is ther ane large circle of ground, set round with long obelisk stones, and some shorter ones in the middle."

In the last edition of Harper's *Rambles in Galloway*, p. 327, occurs an unaccountable blunder. Quoting in full Symson's description of the Standing Stones, in its very midst, the author adds a passage from the *Statistical Account*, to the effect that "on the third stone is the following, *Me mento mori*," &c. This passage really applies to the third of three gravestones in the kirkyard of the parish church of Wigtown.